# Table of Contents

Foreword ........................................................................................................................................... xvii

Preface ................................................................................................................................................ xix

Acknowledgment ............................................................................................................................. xxvi

Chapter 1
“The Illness that Dare Not Speak Its Name”: An Auto-Ethnographic Approach to Understanding Adult Learning in and on Clinical Depression ................................................................. 1

   Stephen D. Brookfield, University of St. Thomas, USA

Chapter 2
Community-Driven Health-Impact Assessment: A Promising PATH for Promoting Community Learning and Social Responsibility for Health ...................................................................................... 17

   Maureen Coady, St. Francis Xavier University, Canada

Chapter 3
Educating Adults to Talk about Death and Dying to Assist Grieving Children: A Community Development Project ................................................................. 35

   Clarena Larrotta, Texas State University – San Marcos, USA
   José Luis Moreno, San Antonio College, USA

Chapter 4
The Power of Collaborative Inquiry and Metaphor in Meeting the Health Literacy Needs of Rural Immigrant Women: A Case of Parent Education ........................................................................ 51

   Al Lauzon, University of Guelph, Canada
   Rachel Farabakhsh, University of Guelph, Canada

Chapter 5
Technology Impact on New Adult Behavior about Health Information ........................................ 68

   Lesley Farmer, California State University – Long Beach, USA
Chapter 6
Mindfulness in Health Education and Health Promotion ............................................................. 82
Michelle Lee D’Abundo, Seton Hall University, USA
Cara Lynn Sidman, University of North Carolina – Wilmington, USA
Debbie Heller, Independence Blue Cross, USA

Chapter 7
Learning with a Curve: Young Women’s “Depression” as Transformative Learning .................. 100
Paula S. Cameron, St. Francis Xavier University, Canada

Chapter 8
Transformative Learning and Empathy Politics: Adult Learning and the Mitigation of Conflict ..... 123
Marianne Robin Russo, Florida Atlantic University, USA
Victor C. X. Wang, Florida Atlantic University, USA

Chapter 9
Self-Directed Learning in Family Medicine .................................................................................. 141
Theresa J. Barrett, New Jersey Academy of Family Physicians, USA

Chapter 10
Transformational Learning for Community Health: The Case of Physical Education Teacher
Candidates ........................................................................................................................................ 164
Carlos E. Quiñones-Padovani, The University of Puerto Rico – Mayagüez, Puerto Rico
Clarena Larrotta, Texas State University – San Marcos, USA

Chapter 11
Choose Health: Tools for a Healthy Lifestyle ................................................................................ 182
Eric T. Wanner, Florida Atlantic University, USA
Jennifer Lynne Bird, Florida Atlantic University, USA

Chapter 12
Adult Education: The Intersection of Health and the Ageing Society ........................................ 197
Linda Ellington, Palm Beach Atlantic University, USA

Chapter 13
Using Information Technology to Spread Awareness about Communicable Diseases ............ 216
Twiesha Vachhrajani, University at Buffalo, USA
Lavanya Rao, Rice University, USA
H. R. Rao, University at Buffalo, USA

Chapter 14
Human Patient Simulations: Evaluation of Self-Efficacy and Anxiety in Clinical Skills
Performance .................................................................................................................................... 233
Grace N. Onovo, Hostos Community College, USA
Chapter 15
Educational Research Narratives of Healing ................................................................. 262
Jennifer Lynne Bird, Florida Atlantic University, USA
Eric T. Wanner, Florida Atlantic University, USA

Chapter 16
Health Literacy: An Essential Ingredient for Better Health Outcomes – Overview of Health
Literacy Theoretical Concepts ............................................................................................ 280
Glenda Denson Knight, Cutting Edge Health Options, USA

Chapter 17
The Cost of Convenience: How Does Distance Education Mix with the Modern-Day Student? ...... 308
Jessica Miles, Palm Beach State College, USA

Chapter 18
The Self-Cultivation Model of Lifelong Learning: Toward Post-Egoic Development .................. 333
Avraham Cohen, City University of Seattle – Vancouver, Canada
Heesoon Bai, Simon Fraser University, Canada
Karen Fiorini, Simon Fraser University, Canada

Chapter 19
Student Nurse Simulation Training Incorporating Disease Management and Telenursing for Congestive Heart Failure (CHF) Patients ................................................................. 352
Mary Ann Siciliano McLaughlin, Columbia University, USA

Chapter 20
A Personal Perspective and Learning Experience on Living a Long, Healthy Life ....................... 368
John A. Henschke, Lindenwood University, USA

Chapter 21
Building a Psychometric Instrument and Data Collection Checklist for Healthy Aging Initiatives... 389
Marianne Robin Russo, Florida Atlantic University, USA
Valerie C. Bryan, Florida Atlantic University, USA

Glossary ................................................................................................................................. 409

Compilation of References ................................................................................................. 421

About the Contributors ......................................................................................................... 467

Index ..................................................................................................................................... 477