About the Contributors

Cordula Dick-Muehlke, Ph.D., is licensed psychologist who has dedicated her career to bettering the lives of people with Alzheimer’s disease or another dementia and their families. Dr. Dick-Muehlke, a consultant in aging and dementia, holds appointments at the University of California, Irvine as an Associate Clinical Professor with the Department of Family Medicine, Division of Geriatric Medicine and Gerontology, and as a Project Scientist in the Institute for Memory Impairments and Neurological Disorders. In 2011, she was recognized as the Dementia Care Professional of the Year by the Alzheimer’s Foundation of America. Her many accomplishments include serving as the executive director of Alzheimer’s Family Services Center in Huntington Beach for 17 years, Chair of the California Alzheimer’s Disease and Related Disorders Advisory Committee, and President of the California Association of Adult Day Services. Her special interests include person-centered approaches to dementia and spirituality and aging. Along with her doctorate in clinical psychology from Fuller Theological Seminary, Dr. Dick-Muehlke holds master’s degrees in both theology and counseling psychology.

Ruobing Li is a certified geriatric care manager and patient care coordinator at University of California, Irvine; Institute for Memory Impairments and Neurological Disorders (UCI MIND). Before joining the research team at UCI MIND, Ruobing Li worked at the Council on Aging-Orange County as a case manager, conducting in-home assessments and managing care for frail elderly, persons with Alzheimer’s disease and other dementias, and individuals with disabilities living in the community. She also provided support to family caregivers, empowering them to utilize community resources and develop skills to maintain the best quality of life. Ruobing Li earned her master’s degree in sociology with an emphasis in gerontology from California State University, Fullerton.

Myron Orleans comes to this topic from a commitment to implement phenomenological perspectives in unexpected contexts. The challenge of penetrating the meaning structures of persons with Alzheimer’s disease and other dementias whose cognitive functions are declining motivated him to work with specialists in this field to produce this book. As a professor of sociology, he has taught, researched and written about many constructionist applications. Most recently, he published, “Cases on Critical and Qualitative Perspectives in Online Higher Education” with IGI.

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Mary Guerriero Austrom, Ph.D., is the Wesley P. Martin Professor of Alzheimer Disease Education in the Department of Psychiatry at the Indiana University School of Medicine (IUSM). In addition,
she is the Director of the Outreach, Recruitment and Education Core at the Indiana Alzheimer Disease Center. Dr. Guerriero Austrom was appointed as the Associate Dean for Diversity Affairs at IUSM. She is also a leading expert in nonpharmacological interventions for caregivers of persons with dementia and in the education of professional as well as family caregivers.

**Renee L. Beard** is a medical sociologist and social gerontologist who studies the subjective experiences of aging and illness. Drawing on symbolic interactionism and grounded theory methods, she has published widely on the phenomenology of Alzheimer’s disease, including the perspectives of both diagnosed individuals and their family members. She is an Associate Professor at the College of the Holy Cross.

**Britt Busson** obtained a master’s degree in clinical psychology from Azusa Pacific University in July of 2014. While earning her degree, she trained in clinical psychological treatment and assessment for a wide range of psychiatric disorders, working with adolescent and forensic populations. Her current research interests include various facets of cognition, especially those related to memory, motivation, and everyday functioning in central nervous system and neurodegenerative disorders.

**Shika Card** is an M.D. candidate at the University of British Columbia, having recently completed her graduate studies in the Department of Anthropology at McGill University. She previously attended Harvard College, where she was awarded a Thomas Temple Hoopes Prize for Outstanding Undergraduate Research in medical anthropology. She conducted fieldwork in Beijing for both her undergraduate and master’s theses on issues related to aging, illness, and care of the elderly.

**Linda Clare**, Ph.D., Sc.D., C.Psychol., is Professor of Clinical Psychology of Ageing and Dementia in the School of Psychology, University of Exeter, UK, where she leads the Centre for Research in Ageing and Cognitive Health (REACH). The aim of REACH is to improve the lives of older people and people with dementia through research focused on promoting well-being, preventing or reducing age-related disability, and improving rehabilitation and care. Professor Clare has pioneered the application of cognitive rehabilitation approaches for people with early-stage Alzheimer’s disease. She has published over 150 peer-reviewed journal articles and book chapters. She is a chartered clinical psychologist and clinical neuropsychologist, and in 2004 she received the May Davidson award from the British Psychological Society for her contribution to the development of clinical psychology in the UK. She is a Fellow of the British Psychological Society and of the Gerontological Society of America, and chairs the British Psychological Society Advisory Group on Dementia.

**Unai Díaz-Orueta**, Ph.D., received his doctorate in psychology at the University of Deusto, Spain in 2006. Since 2000, he has worked as a clinical psychologist in a variety of settings, including the Crowns-ville Hospital Center, Crownsville, Maryland (EE.UU., 2000-2001), Hospital Psiquiátrico de Bermeo, (Spain, 2001-2002), La Loma Geriatric Residence, Castro-Urdiales (Spain, 2003-2005), and Zutitu Ltd (2005-2006). With a grant from Oriol-Urquijo University-Foundation, he developed his doctoral dissertation, “Effects of psychological intervention in cognitive decline of residentialized elderly people,” published by UMI Dissertation Publishing, Ann Harbor, MI (USA). Additionally, his experience includes teaching courses and workshops in maintenance of cognitive functions, wellbeing, and laugh-therapy for elderly people at IPACE Ltd, Vitoria (Spain, 2007-2008). From 2008-2012, he worked as a research
psychologist at Fundación INGEMA, in several projects related to aging and physical disability. Since May 2012, he has been working as a researcher at the R+D+i Department of Nesplora S.L. (Donostia-San Sebastian, Spain), and since May 2014, as a Collaborator Professor for the Neuropsychology and Education Master’s Degree of the UNIR - International University of La Rioja (Spain).

Sam Fazio, Ph.D., is Director of Special Projects at the Alzheimer’s Association, national headquarters, where he has been since 1994. Sam currently works in the Constituent Services area where he oversees initiatives related to quality care and national evaluation standards. Sam is also the author of *The Enduring Self in People with Alzheimer’s: Getting to the Heart of Individualized Care* and the co-author of *Rethinking Alzheimer’s Care*.

James E. Galvin, M.D., M.P.H., is a Professor of Integrated Medical Sciences and Nursing, Associate Dean for Clinical Research, Charles E. Schmidt College of Medicine, Florida Atlantic University, USA.

Gincy Heins is Steve’s wife and caregiver. After earning her MBA at Chapman University and working in the business world for many years, Gincy became a stay-at-home mom, busy volunteering in her son’s schools. In the midst of this, she became first her father’s caregiver, and then her husband’s. Gincy has made the most of this experience, blogging on caregiving.com and sharing what life is like as a caregiving spouse and mom; writing a monthly article for intentionalcaregiver.com; speaking for the Alzheimer’s Association, Orange County Chapter, and teaching their writing class; creating and teaching “Keep Your Brain Buff” at the Cypress Senior Center; co-authoring the book, *After the Diagnosis*; volunteering with high school seniors to help them navigate the confusion of scholarships; and most recently accepting an adjunct faculty position with the North Orange County Community College District.

Steve Heins is a retired “imagineer” for the Walt Disney Company whose career also included working as an engineer for Boeing. He is an Eagle Scout who has served in leadership roles in his son’s Cub Scout pack and Boy Scout troop, and has helped guide young men, including his son, to the rank of Eagle Scout. After receiving a diagnosis of mild cognitive impairment in December 2009, Steve joined the Advocacy Council of the Orange County Chapter of the Alzheimer’s Association. He promotes the health of his brain by exercising, eating healthy, socializing, and taking a variety of classes at the local community college in subjects like drawing, ceramics, painting, and theater. Steve is actively involved in Disneyland’s retirement club, the Golden Ears, and is in charge of arranging speakers for the group. Steve and Gincy are the proud parents of one son, and will be celebrating their 25th anniversary in 2015.

Mary E. Kelleher is a Geriatric Residency Fellow at New York University Langone Medical Center. After receiving her M.D. from Rutgers-New Jersey Medical School, she completed a residency in adult psychiatry at NYU.

Catherine Lawrence, Ph.D., is a researcher in the School of Psychology, Bangor University, UK, where she works with the Research in Ageing and Cognitive Health (REACH) group. Dr. Lawrence is currently involved in collecting data for a large-scale randomized controlled trial evaluating the efficacy and cost-effectiveness of cognitive rehabilitation for people with early-stage dementia. She also has an interest in psycho-oncology research, particularly the impact of chemotherapy-related cognitive impairment on the daily life of breast cancer patients. Her doctoral research (Loughborough University, UK)
About the Contributors

involved a mixed-methods, longitudinal study of the side effects of chemotherapy, in which the cognitive, psychosocial, and safety outcomes for breast cancer patients were examined. She has also worked with the Judgment and Decision Making research group at the University of Leicester, UK, investigating coordination, judgment, and decision making.

Yvonne Lu, Ph.D., is an Associate Professor at the Indiana University School of Nursing with training in gerontology nursing research and a focus on the use of both qualitative and quantitative methods. Her research has centered on developing health promotion programs to improve care of older adults with memory problems and their family members. She has received three grant awards through the National Institutes of Health (NIH) to support her work.

Elizabeth MaKinlay, Ph.D., AM, is both a registered nurse and a priest in the Anglican Church. She is a Professor in the School of Theology at Charles Sturt University and was the inaugural Director of the Centre for Ageing and Pastoral Studies at St Mark’s National Theological Centre, Canberra, Australia, a position she held until the end of 2012. Her most recent book, co-authored by Corinne Trevitt, Finding Meaning in the Experience of Dementia: The Place of Spiritual Reminiscence Work, was awarded the 2013 Australasian Journal of Ageing Book Award.

Lorena Martín-Niño graduated in psychology from the University of Salamanca in 2011 and completed a specialization in human resources strategic management in 2012 as well as a master’s degree in psychogerontology in 2013. She has experience as a psychologist in the child and adolescent unit of the 12 de Octubre Hospital (2011) and a playschool (2009). She also worked on a cooperation grant from Pyfano (an association of parents, relatives and friends of oncologic children) in 2011. She also has experience as a human resources technician at Randstad (2012) and completed a master’s degree dissertation focused on selection by competencies in geriatric residences. Finally, she worked as a psychogerontologist in an Alzheimer’s Relative Association of Spain (2013) and completed another master’s degree dissertation about art therapy and reminiscence in people with dementia. Since 2014, she has been working as an entrepreneur for the company “Cuidarse, Servicios psicogerontológicos y atención psicosocial,” managing and implementing a variety of projects and programs.

David B. Mitchell, Ph.D., is the Interim Associate Dean of the WellStar College of Health and Human Services, a Professor of Exercise Science and Sport Management, and a Distinguished Scholar in Gerontology. Previously, he was the director of the Center for Aging Studies and a professor of psychology at Loyola University Chicago, and before that a psychology professor at Southern Methodist University, Dallas, Texas. He has also been a visiting professor at The Hebrew University of Jerusalem, Israel, and a visiting scientist at the Georgia Institute of Technology, Atlanta. After receiving his Bachelor’s degree at Furman University, master’s degree at Wake Forest University, and doctorate at the University of Minnesota, he conducted postdoctoral work at Duke University’s Center for the Study of Aging and Human Development.

Darby Morhardt, Ph.D., LCSW, is Associate Professor and Director of Education for the Cognitive Neurology and Alzheimer’s Disease Center, Northwestern University Feinberg School of Medicine. Dr. Morhardt has 30 years of clinical experience with cognitively impaired individuals and their families. Her research interests include the development and evaluation of quality of life enrichment and educational
programs, support groups and therapies. She developed an experiential program for first-year medical students paired with individuals with dementia that has been replicated nationally and internationally. Dr. Morhardt partners with underrepresented communities to raise dementia awareness, identify service and education needs, and promote research participation, with the goal of improving health outcomes for all persons with dementia and their families.

Ana Belén Navarro, Ph.D., is an Assistant Professor in Developmental and Educational Psychology at the University of Salamanca, Spain. She received her doctorate in psychology from the University of Salamanca in 2007 and a master’s degree in gerontology from the same institution in 2004. She received a Diploma in Special Education School Teaching from the Universidad Pontificia de Salamanca in 2009 and completed a Postgraduate in Neuropsychology and Dementia at Miguel de Cervantes European University in 2011. In 2007, she received the Extraordinary Prize for her doctoral dissertation, “Personality traits, emotions and temporal experience: Contribution to psychological resilience in advanced age.” She has written various articles and participated in different national and international research projects. “Coping with health problems in very old seniors” (Journal of Clinical and Health Psychology) and “Preliminary results of the Spanish validation of the Severe Mini Mental State Examination (Revista Española de Geriatría y Gerontología) are among her most recent publications. Her research interests include psychological resilience, very advanced age, healthy aging, and personal well-being.

Maureen K. O’Connor is an Assistant Professor in the Department of Neurology at Boston University School of Medicine and Associate Director of the Boston University Alzheimer’s Disease Center Education Core. She is a board certified neuropsychologist and is Director of the Neuropsychology Department at the Bedford Veteran’s Administration Hospital. Dr. O’Connor specializes in the evaluation and treatment of older adults with memory loss. Her research has focused on the development of interventions for older adults with memory loss and their family members.

Birgit Panke-Kochinke, Dr. phil. habil., is a historian and a sociologist. She is working as a research associate at the Witten site of the German Center for Neurodegenerative Diseases (DZNE) and is part of the Methods in Health Care Research group. Her research focuses on the perspectives of people living with neurodegenerative diseases (i.e., dementia, multiple sclerosis, and Parkinson’s disease). As an expert in qualitative research methods, she is interested in the development of innovative approaches to including people with neurodegenerative diseases in research and developing interventions to promote their self-determination.

Lovingly Park, Ph.D., received her doctorate in clinical psychology from Alliant International University in 2009. After graduation, she completed a federally funded postdoctoral fellowship in clinical neuropsychology at the Alzheimer’s Disease Center located in the Department of Neurology at the University of California, Davis. Dr. Park has co-authored over 20 publications in peer-reviewed journals and other educational forums. She currently holds an adjunct faculty position with the Department of Graduate Psychology at Azusa Pacific University.
About the Contributors

G. Allen Power, M.D., is an internist, geriatrician, and Clinical Associate Professor of Medicine at the University of Rochester. He is a Certified Eden Alternative® Educator, a member of the Eden Alternative board of directors and an international educator on transformational models of care for older adults, particularly those living with changing cognitive abilities.

Miguel Elías Sánchez-Sánchez received his doctorate in fine arts from the University of Salamanca, Spain, in 1992. From 1993 until 2011, he was a professor in the College of Arts and Restoration. Since 2009, he has been working as a professor at the Teachers’ School of Zamora, dependent on the University of Salamanca. He also works as a Professor in Fine Arts at the University of Salamanca, more specifically, in the Master’s Degree of Architecture and Interior Design (Sketches), as well as a Professor of Didactics in the Master’s Degree of Secondary Education (Drawing).

Denise Sharon, Ph.D., completed her medical training at Sackler School of Medicine in Tel Aviv, followed by a psychiatry residency in Israel and a doctorate in psychology from Temple University in Philadelphia. Board certified in sleep medicine, she has been practicing in Louisiana for over 15 years. She is currently the clinical director of the Advanced Sleep Center in Metairie and an assistant professor at the Tulane University School of Medicine in New Orleans where she initiated a fellowship in sleep medicine. Her clinical and research interests include the diagnosis and treatment of sleep disorders in adults, the elderly, and children. She has advanced knowledge of sleep and sleep disorders by publishing articles and book chapters, presenting at national and international meetings, serving as an ad hoc reviewer for journals, teaching fellows, residents, and students, lecturing to lay people, and serving in a leadership positions in various professional groups and societies.

Marcia Spira Ph.D., LCSW, is Professor of Social Work at Loyola University Chicago and the Director of the Institute on Aging and Intergenerational Study and Practice. She teaches classes in human behavior and direct practice to students in the master’s and doctoral programs. She earned her doctorate in 1982 from the University of Chicago where she studied the impact of a child’s long-term and progressive illness on family dynamics. Dr. Spira has published many articles on curriculum development, interprofessional collaborations and issues of aging. Her recent projects focus on family relationships in aging families.

Rune Svanström is a registered nurse with a Ph.D. in caring science. He is a senior lecturer in nursing at the University of Skövde, Sweden, with clinical experience in the care of people with dementia and the elderly. His research interests include the perspectives of people with dementia and person-centered dementia care.

Gill Toms, D.Clin.Psy., is currently working for the Research in Ageing and Cognitive Health (REACH) group at the School of Psychology, Bangor University, UK, on a study which is piloting a self-management group intervention for people with early-stage dementia. Dr. Toms is also very interested in the late stages of dementia and the development of meaningful interventions to promote well-being and quality of life in the final stages of the dementia trajectory. Another aspect of research which has
recently captured her attention is the role of support groups for people with dementia and the evidence base for the effectiveness of these interventions. However, her research interests are wide ranging and extend beyond the field of dementia. For instance, a previous study in which she was involved investigated computerized therapy for anxiety and depression.

**Corinne Trevitt** is a registered nurse with specialist aged care qualifications. She is an Academic Associate with the Centre for Ageing and Pastoral Studies, School of Theology, Charles Sturt University, Australia. She has experience in teaching, research, and clinical practice in the United Kingdom as well as Australia.

**Milena von Kutzleben** has been trained as a nurse and holds both a bachelors (BA) and a master’s (MSc) degree in public health. She is working as a research associate at the Witten site of the German Center for Neurodegenerative Diseases (DZNE) and is part of the Care Structures research group. Her research interests include care structures and health care policy for people with dementia, informal caregiving in the community, needs and demands of people with dementia and their families, and qualitative research methods and mixed-methods approaches in health services research. Currently, she is a Ph.D. candidate at the University of Bielefeld in the Faculty of Health Sciences. Her thesis focuses on the analysis of domestic care arrangements for people with dementia and trajectories of informal caregiving.

**Huali Wang, M.D., Ph.D.**, is a Professor of Geriatric Psychiatry, the Chair for Clinical Research Division, and the Associate Director of the Dementia Care & Research Center at the Peking University Institute of Mental Health, China. Dr. Wang established a multi-site dementia care registry and conducts studies on early diagnosis and intervention in Alzheimer’s disease and mild cognitive impairment, and on dementia care and caregiver interventions. She directs national training on dementia care and research among memory specialists, community doctors and family caregivers. Dr. Wang also serves on the International Psychogeriatric Association Board of Directors, the Vice Director of the Aging Psychology Professional Committee, a body that is affiliated with the Chinese Society for Gerontology, and the Vice President of Alzheimer’s Disease Chinese, a full member of Alzheimer’s Disease International.

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**About the Contributors**

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