About the Contributors

Rejani Thudalikunnil Gopalan is currently working as a faculty in Clinical Psychology and she is specialized in child and adolescent mental health area. She has more than a decade experience in the area of intellectual disability. She did M.Phil and Ph.D in Clinical Psychology from National Institute of Mental Health and Neurosciences, India. She has academic and clinical work experience in both national and international levels and won many awards for contributions in the area of mental health. She is serving as an editorial board member and reviewer for many journals. Trauma and Sexual Abuse, Mental health issues among children, convicted offenders and juveniles are her predominant areas of research.

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Prathibha Agustus is a clinical Psychologist and currently a PhD scholar.

Norharlina Bahar received her MD and MMed (Psych) from Universiti Kebangsaan Malaysia in 1997 and 2005 respectively. She worked and trained in Melbourne for her subspecialty in Child and Adolescent Psychiatry. Her special interests are in the area of Infant Mental Health; Early Childhood Emotional Development; Parent-Child Relationship; and Internet Addiction. She is an international Board Member of the International Society of Internet Addiction. She is now heading the Child & Adolescent Psychiatry Unit in Hospital Selayang. She is active in several non-governmental organizations and schools to advocate the needs of children, adolescents and people with mental health issues.

Priyanka Behrani did her masters in psychology from the Kanpur University, India in 1993 and doctorate in 2000 in the area of Personality Psychology. She completed her certificate course in Disability specializing in Mental Retardation. She was a visiting faculty for Diploma in Special Education till 2004. Then assistant professor in 2004 at the Department of Psychology, The Maharaja Sayaji Rao University of Baroda,. She is the coordinator of counseling cell and Diploma course on Human Resource development run at the Department of Psychology,. She has attended national and international conferences, seminars and workshops in the area of Educational and Industrial Psychology. She has published in different books and journals.

Swarnima Bhargava has attained her MPhil in Clinical Psychology from the Institute of Human Behavior and Allied Sciences, Delhi. She has completed an M.A. in counselling from the Tata Institute of Social Sciences, Mumbai. She holds a B.A. (Hons) degree in Psychology from Lady Shri Ram College for Women, University of Delhi.
**Prakash Boominathan** is currently Professor in the Department of Speech Language and Hearing Sciences, Sri Ramachandra University (SRU), Chennai. He completed his Bachelors (1998) and Masters (2000) degrees in Speech and Hearing at the All India Institute of Speech and Hearing, Mysore. He received the prestigious Fulbright Research Fellowship for the year 2005-06. In 2008, he was awarded Ph.D degree from SRU. His publications are in the area of voice, speech and communication disorders. He has contributed book chapters in the area of voice and fluency disorders, and has published two self- instructional DVDs.

**Sandamita Choudhury** is currently pursuing M.Phil Clinical Psychology from Gujarat Forensic Sciences University. She received her M.Sc. in Clinical Psychology from Jain University, Bangalore in 2013. She worked with the special needs children and undertook training programs for creating awareness and understanding of disability among high school teachers in Assam under Rashtriya Madhyamik Shiksha Abhiyan (RMSA).

**Sumita Chowhan** received her PhD degree from Andhra University, Vishakhapatnam, India. She is a doctoral guide and assistant professor in Jain University, Bangalore, India. She is EAP (Employee Assistant Programme) Affiliate (Psychologist) working with Workplace Options. Astute, result oriented with proven success in counselling, research, training (SPSS) and teaching. She has international exposure both in education and job in US and UK. She received Cognitive behavioural therapy diploma from UK. She has five plus years of experience in versatile fields like Research (SPSS) /Teaching/Counselling/ Training and HR. She also attended and presented papers in national/international conferences. She had published research articles and chapter in journals and Book. She is peer reviewer and board of editorial member of different journals. Her areas of interest are Education, clinical, child psychology and developmental, positive psychology (character strength), Neuropsychology and Industrial.

**Bijoy Kumar Dehuri** graduated in Medicine and joined Indian Air Force. Later did MSc in Defence Studies from Defence Services Staff College, Wellington (India) followed by MPhil in Hospital & Health System Management, BITS, Pilani. In the past (more than 30 years) worked as Senior Medical Officer in practically all kinds of Air Force Bases in India which involved Medical administration and training including planning and projecting KRAs and accomplishing them. Worked as a Senior Instructor (Management Topics particularly applicable in Healthcare, Emotional Intelligence and Spiritual Intelligence etc.) at Officers Training College of Army Medical Corps Centre & College. Now retired from active services. He has been counseling and practicing as a Life Coach for the past ten years.

**Dorothy Bhandari Deka** received her MA in Clinical Psychology from The Maharaja Sayajirao University of Baroda in 2013. She has also done a diploma course in Clinical and Applied Hypnosis from The Maharaja Sayajirao University of Baroda. Presently, she is pursuing her M.Phil training in Clinical Psychology from Gujarat Forensic Sciences University, Gandhinagar.

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About the Contributors

**Jamila Firdaus** holds an M.A. in clinical psychology degree and has completed her PhD in Education. She researched on Emotional Intelligence as a part of her PhD thesis work. She is a practicing psychologist for the last 19 years. She specializes in psychometric assessment, child and adolescent counseling, adult counseling and old-age counseling. She is actively involved in providing her services to NGOs with M.S. University and Airforce station in Vadodara.

**Neerajana Ghosh** has a Masters in Clinical Psychology from Calcutta University. Is currently MPhil trainee in Clinical Psychology from Central Institute of Psychiatry.

**Vaitsa Giannouli** received her PhD in Neuroscience from the School of Medicine, Aristotle University of Thessaloniki. She is a cognitive psychologist and neuropsychologist. She is currently a research fellow at Aristotle University of Thessaloniki (AUTH), Greece. She has received numerous accolades and scholarships for her work as an undergraduate and graduate student. She is working as a research assistant and is involved in several cross-cultural research projects focusing on issues of cognition and lifespan development.

**Sanjeev Kumar Gupta** received his MPhil in Medical and Social Psychology from the Central Institute of Psychiatry, Ranchi University, Ranchi. He is a trained Clinical Psychologist (Clinician & Researcher) and works at the Department of Clinical Psychology, All India Institute of Speech and Hearing, India. He is interested in the area of Clinical Psychology, Neuropsychology; Mindfulness based interventions, Cognitive Neuroscience, and Diagnostic assessment and intervention for children with developmental disabilities. He has published several articles in national and international journals.

**Aili Hanim Hashim** is Consultant Psychiatrist for Child, Adolescent and Adult Mental Health at the Department of Psychological Medicine, Faculty of Medicine, University Malaya, Kuala Lumpur. She received her initial training in medicine and psychiatry at the University Malaya, Kuala Lumpur, and did her advanced training in Child and Adolescent Psychiatry at the Mindful Center, Melbourne. Her work at the Psychiatry Adolescent and Child (PAC) Unit includes assessment of child and adolescent mental health issues and working with their families or carers. Through collaboration with relevant agencies in the community, early intervention is emphasized. Much of her work utilizes individual, parent work and family therapy.

**Mythili Hazarika**, Post-Doctoral Research Scholar (University of Florida, USA), PhD (Gauhati University), MPhil (NIMHANS, Bangalore), M.A. (Pune University), is a Senior Lecturer in Clinical Psychology Department of Psychiatry Gauhati Medical College & Hospital (GMCH).

**Wan Salwina Wan Ismail** is a consultant Psychiatrist for Child, Adolescent and Adult Mental Health. She obtained her medical degree from the University of Adelaide, South Australia, in 1994. After completing her internship, she worked as a medical officer in a psychiatric institution in Ulu Kinta, Perak. She completed Masters in Psychiatry, from Universiti Kebangsaan Malaysia, in 2003. In 2006, she furthered her study in Advanced Masters in Child and Adolescent Psychiatry, Universiti Kebangsaan Malaysia, and had been working with children and adolescents since. She is currently a lecturer, Child and Adolescent Psychiatrist, and Head of Child and Adolescent Psychiatry Unit, Department of Psychiatry, Faculty of Medicine, Universiti Kebangsaan Malaysia.
Mansi Jadeja completed her graduation and Masters degree in Psychology from the Maharaja Sayajirao University in the year 2013. She is currently pursuing her M.Phil in Clinical Psychology from Gujarat Forensic Sciences University, Gandhinagar. Her research interests include positive psychology, clinical psychology and therapy. She has gained experience in working with children and adult patients during her internship periods.

Manveen Kaur, a Child and Adolescent Psychiatrist, works at the Department of Psychological Medicine, University Malaya. She is a Senior Lecturer, whose clinical duties at the PAC Unit (Child & Adolescent Psychiatry Unit), involve treating children and adolescents with mental health difficulties. In addition to this, she is active in research and teaching postgraduates in the field of both General and Child Psychiatry. An integral part of her work involves reaching out to the Community, where educating the public, and working with teachers and councilors, in order to better support children.

Aditi Lohan is pursuing a PhD in Clinical Psychology at the Parenting and Family Support Centre, The University of Queensland, Australia. She is an accredited provider of different Triple P variants.

Krupa M. pursued her bachelors (2003-2007) and masters (2007-2009) in Speech Language Pathology and Audiology at Sri Ramachandra University, Chennai, India. She also has graduated in the field of Psychology through distance education mode from the University of Madras. A speech language pathologist/therapist by profession, Krupa is currently a Senior Lecturer at the Dept of Speech Language and Hearing Sciences at Sri Ramachandra University, India. Her clinical, research and teaching work are predominantly in the area of children with communication disorders. She is also pursuing doctoral research in the area of caregiver-child communication in children with autism. Her work has been presented in national and international forums. She is a Hanen certified Speech Language Pathologist.

Preeti Mishra is a Ph.D (Clinical Psychology) From CIP, Clinical psychologist, Shai Mavant Indiresh hospital, Dehradun. Worked as research coordinator in “Project HIFAZAT” of CIP.

Bhavna Mukund graduated in Psychology from Lucknow University and did Masters from Delhi University. Has completed M Phil in Clinical Psychology from Institute of Behavioural Sciences, Gujarat Forensic Sciences University, Gandhinagar, Gujarat, India. Keen on working and contributing towards a significant breakthrough in the field of academics and Clinical Psychology in particular.

Jyoti Mishra Pandey completed Post Graduation (MSc in Clinical Psychology) from Punjabi university Patiala. Did M.Phil M & SP (Clinical Psychology) from Central Institute of Psychiatry, (CIP), Ranchi). First Rank holder in M.Phil (Clinical Psychology). Taught in CIP as Assistant Professor in the department of Clinical Psychology. Worked as Clinical Psychologist at Bharti Vidyapeeth Medical College and Hospital Deemed University in Dept of Psychiatry and Paediatrics in 2013. Presently perusing PhD from RINPAS, Ranchi. Has published papers in Various National Journals.

Plabita Patowary received her Msc in clinical psychology from Jain University, Bangalore in 2013. In 2014, she was selected as a trainee in M Phil in clinical psychology program in Gujarat Forensic Sciences University. She has published research papers and attended numerous conferences on mental health and related issues.
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K. R. Santhosh, currently working as Assistant Professor in Jain University, completed his Ph.D. in Psychology from Bharathiar University, Coimbatore. He has 14 publications and 27 presentations. His research interests include Positive Psychology, especially resilience, prevention of child abuse etc. and Political Psychology focusing on the political behaviours and critical evaluation skills among the citizens in Democratic Nations.

Rajesh ‘Jay’ Sharma, M.A., BCBA, received his B.A. (Honours) Psychology in 1999, and M.A. Applied Psychology from Jamia Millia Islamia University 2001. He worked with mental health clinics and schools between the years 2001 to 2006 providing professional consultations on issues such as stress management, staff training, counselling, disabilities / special education service provisions, academic performance etc. In the year 2006, Jay moved to the U.S.A on a teaching assignment where his roles involved teaching adolescents with developmental disabilities and youths with challenging behaviours. To update his skills and knowledge in the area of Applied Behaviour Analysis (ABA) Jay completed his second master degree in Applied Psychology with a concentration in Applied Behaviour Analysis from McNeese State University, Louisiana in 2013. In 2014, Jay was hired by an Australian behavioural consulting company The Centre of Applied Behaviour Analysis as a Consultant Behaviour Specialist to provide professional behavioural services to individuals with developmental disabilities presenting challenging behaviours. Currently, Jay is employed with the Department of Community, Child Safety, and Disabilities as a Clinician to provide behavioural intervention services to individual presenting challenging behaviours. Jay also heads a behavioural consulting company Sunrise Behavioural Health Pty Ltd which provide ABA based interventions in Canberra, Sydney, and Brisbane through a network of dedicated behaviour therapists.

Vinod Kumar Sinha is a Professor of Psychiatry at Central Institute of Psychiatry, significant work on child population and various publications in national and international journals.

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**Krishna Shailesh Vora** is a Counseling Psychologist who is currently working with children with learning difficulties. She is also involved in the development of a programme for gifted children. In future, she hopes to create differentiated curriculum for both children with learning difficulties as well as children with gifted needs.

**Amelia Walter** (DClinPsych/MSc, BA Hons) is an early career researcher in the Academic Unit of Child Psychiatry, South Western Sydney Local Health District, Australia. She is also a practising Clinical Psychologist, and holds a Conjoint Lecturer position with the School of Psychiatry, University of New South Wales, Australia.

**Michelle F. Wright** is a postdoctoral research fellow at Masaryk University. Her research interests include the contextual factors, such as familial and cultural, which influence children’s and adolescents’ aggression and victimization as well as their pursuit, maintenance, and achievement of peer status. She also has an interest in peer rejection and unpopularity, and how such statuses relate to insecurity with one’s peer standing, aggression, and victimization.