About the Contributors

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David Akinlolu Adeyemo is a Senior Lecturer in the Department of Guidance and Counselling, University of Ibadan, Ibadan, Nigeria. He had his first degree in Education from the University of Ife (now Obafemi Awolowo University), Ile-Ife, and earned his Masters and Doctorate degrees from the University of Ibadan, Ibadan, Nigeria, with a Counselling Psychology concentration. He has over sixty publications in journals, books, and chapters in books, conferences proceedings, and technical reports. He teaches courses in counseling psychology at both the undergraduate and postgraduate levels.

Margaret O. Afolabi is a Senior Lecturer in the Department of Clinical Pharmacy and Pharmacy Administration, Obafemi Awolowo University, Nigeria. She trained as a Pharmacist in 1979 at the University of Benin, and she obtained Masters Degrees in Pharmaceutics and Business Administration from Obafemi Awolowo University, Nigeria. She also received her Doctorate in Technology Management from the same University in furtherance of her career in academia and pharmacy practice. Her research publications include the application of relevant technologies to enhance pharmacist skill and to improve patient outcomes in the hospitals and in community pharmacy practice.

Roland Chukwudi Agokei is a Teaching Assistant in the Department of Guidance and Counselling, University of Ibadan, Ibadan, Nigeria. He had his first degree in Counselling Psychology from Delta State University, Abraka, Nigeria, and earned his Masters degree from the University of Ibadan, Ibadan, Nigeria, in Counselling Psychology. He is currently running a doctoral degree programme with the University of Ibadan. He has authored and co-authored several articles with a focus on counselling, emotional intelligence, self-efficacy, assertiveness, procrastination, and academic achievement.
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**Akinjide Gabriel Akintomide** is an Assistant Lecturer in the Department of Educational Foundations and Counselling, Faculty of Education, Obafemi Awolowo University, Ile-Ife. He is currently enrolled in a PhD programme in Guidance and Counselling, focusing on Voluntary Counselling and Testing of HIV. His research areas include health counselling and adolescent sexual communication. He has eight articles published in local and international journals.

**Kate Anthony**, MSc, FBACP, is a psychotherapist, consultant, and international expert regarding online therapy and the impact of technology on mental health. She is co-founder of The Online Therapy Institute, which produces the magazine *Therapeutic Innovations in Light of Technology* (TILT). She is widely published on such topics as the use of email, bulletin boards, IRC, videoconferencing, stand-alone software, and more radical innovative use of technology within therapeutic practice, such as virtual reality. She co-edited *Technology in Counselling and Psychotherapy: A Practitioner’s Guide* with Stephen Goss in 2003, co-authored *Therapy Online: A Practical Guide* with DeeAnna Merz Nagel in 2010, co-edited *The Use of Technology in Mental Health: Applications, Ethics, and Practice* with both Goss and Nagel, and co-authored all three editions of the British Association for Counselling and Psychotherapy’s *Guidelines for Online Counselling and Psychotherapy*. Her Doctorate on Technology and Therapy with Metanoia Institute will be completed in 2010.

**Oladipo Babalola** is a Pharmacist of many years of practice experience and has interest in the application of technology in pharmaceutical service improvement in community, hospital, and on-line. He was a Senior Lecturer at the Department of Clinical Pharmacy and Pharmacy Administration, Faculty of Pharmacy, Obafemi Awolowo University, Ile-Ife, and is currently a Manager at Lloyds Pharmacy in the United Kingdom. He is well published and has many international awards for research.

**Marilyn Campbell** is an Associate Professor in the School of Learning and Professional Studies, Faculty of Education, Queensland University of Technology. She currently lectures in the Masters of Education program preparing teachers for school counselling and in the Masters of Educational and Developmental Psychology preparing psychologists to work in a range of educational and developmental positions. Marilyn has worked as a teacher and psychologist in early childhood, primary, and secondary schools. She has also been a teacher-librarian, school counsellor, and supervisor of school counsellors. Her research interests are in behavioural and emotional problems in children and adolescents. Her recent work has included research into anxiety prevention and intervention as well as the effects of bullying and especially cyberbullying in schools. She is the author of the *Worrybusters* series of books for anxious children.

**Mary Esere** is a Senior Lecturer in the Department of Counsellor Education, University of Ilorin, Nigeria. She had her higher education at the University of Calabar, where she obtained her Bachelor’s degree in Education French in 1990. She obtained her Doctorate degree in Guidance and Counselling from the University of Ilorin in 2001. She had additional training at Universite de Franche Comte, France. Dr Esere’s research efforts have gravitated around a number of issues surrounding marriage and family counselling. She has conducted surveys on gender-based domestic violence and intimate partner rape and violence. She has been involved in developing psychological support programmes for couples in conflict and implementation strategies for youth programming. These efforts have resulted in almost
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40 research publications in national and international peer-reviewed journal outlets with two scholarly books on marriage, sex, and family counselling, as well as communication in counselling. Dr. Esere is happily married with children.

**Kevin Glasheen** was born in Australia and has worked for the last 18 years as a secondary school guidance counsellor in Queensland (Australia) schools. He also has experience of the North American education system, when he worked as a middle school counsellor in Washington State (USA). Prior to his career in guidance, Kevin had worked as a primary teacher and principal in the Queensland Catholic school system. He is currently conducting research into online counselling within the secondary school setting. His interest in exploring alternative ways of delivering guidance services, especially to adolescent males, has grown out of practical experience as an educator and earlier research into adolescent perceptions of counselling.

**Stephen Goss**, PhD, MBACP, BA (Hons), began working in mental health care over 25 years ago and carried out some of the first developmental work on the use of technology in counselling in the UK in the early 1990s. He is Principal Lecturer on the DPsych (Professional Studies) programme at the Metanoia Institute, Middlesex University, London, and also works as an independent consultant in counselling and support service development, mental health technology, research, and evaluation in the UK and worldwide. Author of over 70 publications, including the BACP guidelines on the ethics of online counselling and psychotherapy, his books include *The Use of Technology in Mental Health: Applications, Ethics, and Practice*, edited with Kate Anthony and DeeAnna Merz Nagel and published by CC Thomas in 2010, as well as *Technology in Counselling and Psychotherapy: A Practitioner’s Guide*, edited with Kate Anthony and published by Palgrave MacMillan in 2003, and *Evidence Based Practice in Counselling and Psychotherapy*, edited with Nancy Rowland and published by Routledge in 2000.

**Terry Hanley** is a Lecturer in Counselling Psychology at the University of Manchester, an experienced youth counsellor and Editor of the British Psychological Society’s research publication *Counselling Psychology Review*. Within his academic role, he lectures on both the counselling and educational psychology programmes and has become one of the UK’s leading authorities regarding the practice of online counselling. He has published widely in the field of online practice and offers regular guidance to the British Association for Counselling and Psychotherapy on this subject.

**Adeyemi Ibukunoluwa Idowu**, Ph.D, is a Professor of Counselling in the Department of Counselor Education, University of Ilorin. He holds an M.Sc degree in Guidance and Counselling from the University of Wisconsin, and a Ph.D in Guidance and Counselling from the University of Pittsburgh, USA. Professor Idowu is widely published in areas dealing with cross-cultural psychological assessment in counselling and vocational and rehabilitation counselling. He has been involved in conducting needs assessment on a number of counselling-related issues. He has conducted surveys on occupational aspirations of high school seniors in Nigeria, problems and counselling needs of unemployed youths in Nigeria, and counselling strategies for managing pre-retirement anxiety. These efforts have resulted in well over 50 outstanding and variegated research publications in national and international publication outlets. In addition to these, he has authored, edited, and co-edited four outstanding books in counselling and education. Prof. Idowu belongs to many professional associations including American Association for Counselling and Development.
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Maureen C. Kenny, Ph.D., is a Professor and Director of the Graduate Program in Counselor Education, Department of Leadership and Professional Studies, at Florida International University, Miami, Florida. Dr. Kenny is also the Program Director of KLAS: Kids Learning about Safety, a primary prevention program for diverse families. She is a Florida licensed psychologist as well as a National Board Certified Counselor. She has published extensively in the area of child abuse, particularly in minority populations. Dr. Kenny has an interest in the applications of technology to counseling and has developed several online courses and an online child abuse tutorial.

Olugbenga David Oja, a certified Counselling Psychologist, took his Ph.D from the Obafemi Awolowo University, Ile-Ife, Nigeria. He is a member of several professional bodies in the fields of educational psychology, counseling, and vocational psychology, as well as personnel management, including the Counselling Association of Nigeria, Social Science Research Council, and the Institute of Personnel Management. His work experience, spanning over two decades, covers both the Private and Public sectors in Nigeria. He is a senior academic at the National Open University of Nigeria and his research outputs are published in local and international journals. He has also made presentations at conferences, trainings, and seminars, both within and outside Nigeria on myriad of topics within the ancillary fields of vocational and counseling psychology, distance learning, quality assurance, and personnel management. As a professional quality controller, he served as the Director of Examinations and Assessment of the National Open University of Nigeria between 2007 and 2009.

Onijuni Olufemi Olatomide obtained a B.Ed. and M.Ed. in Educational Guidance and Counseling from two reputable Nigerian Universities. He is presently an Assistant Lecturer in the Department of Educational Foundations and Counselling, Obafemi Awolowo University, Ile-Ife. Nigeria. He is a painstaking budding researcher and has published in scholarly journals within and outside Nigeria. His research interest is in the areas of school counselling and retirement counselling.

Omoniyi J. Ola-Olorun is a Lecturer in Pharmacy Administration at Obafemi Awolowo University (OAU), Ile-Ife, Nigeria. He has had a wide range of experience in pharmacy practice that spans the pharmaceutical industry, community practice, and the hospital. Following his training as a pharmacist in 1983, he later obtained Masters degrees in Pharmacognosy and Business Administration from OAU and University of Lagos, respectively, and he is currently a Doctoral student in Technology Management at OAU. His research interest is in the adoption of technology in pharmaceutical service delivery in the hospital.

Bonke Adepeju Omoteso is an Associate Professor in the Department of Educational Foundations and Counselling, Obafemi Awolowo University, Ile-Ife, Nigeria, where she has served as the course adviser to undergraduate students, postgraduate Studies’ coordinator, and head of the department. She studied French and Education as an undergraduate student, Psychology of Education at Masters degree level, and also earned a Ph.D. in Psychology of Education from Obafemi Awolowo University. She teaches different areas of Psychology including Psychology of Education, Developmental Psychology, Psychology of Learning, Cognitive Psychology, Child and Adolescent Psychology. Her research is mainly in the area of Psychology of Education. Her avocations are walking, visiting, and reading.
Joshua Adebisi Omotosho is an Associate Professor of Counselling in the Department of Counselor Education, University of Ilorin, Nigeria. He holds a Ph.D in Guidance and Counselling from Ohio University, Athens, USA. Dr. Omotosho’s research efforts have revolved around a number of issues in career development and adjustment, rehabilitation counselling, and student affairs services. He has conducted surveys on prevalence of mid-life career change, factors affecting career change and non-change, among others. These efforts have resulted in well over 40 research publications published in national and international peer-reviewed journal outlets and conference proceedings. He is happily married with children.

Susan Pattison is a Lecturer, Researcher, and Practitioner in Counselling and Education at Newcastle University, UK. She has researched and published widely in the field of counselling children and young people and has a special interest in the mental health and well-being of children and young people in the education context. Susan is a Founding Member and Director of Young Healthy Minds: Newcastle Centre for Research into Children and Young People’s Mental Health and Well-Being at Newcastle University, Executive Committee Member of the Children and Young People’s Branch of the British Association for Counselling and Psychotherapy (BACP), and a Founding Member of the BACP’s Counselling in Schools Research Consortium.

D’Arcy Reynolds, a recent Clinical Psychology Doctoral graduate, graduated with first class honors from the University of Victoria after completing a thesis examining social perception. In 2000, he started his graduate studies at Miami University and completed a published master’s thesis that involved the form equivalence of psychotherapy process measures. During the course of his graduate studies, D’Arcy has made several presentations to psychotherapy research conferences, was involved in writing a chapter on narrative and assimilation research, and obtained a variety of monies to fund his recently completed doctoral dissertation study. His research interests include online therapy, session impact, therapeutic alliance, psychotherapy process research, and online data collection.

Maggie Robson is a Senior Lecturer at Keele University. She is the Director of the Counselling Psychology programme there and an experienced Counselling Psychologist, Supervisor, Play Therapist, and Trainer. As a counsellor and supervisor, she has worked in a variety of settings including universities, hospitals, and doctors’ surgeries. She has also experience of traumatic incident debriefing. Over the last 12 years, she has trained counsellors and play therapists in Kenya and also trained play therapy supervisors, as well as researching the provision for counselling in schools in The Gambia. She has an interest in using technology both in counselling and in supervision and is active in research.

Maria Fernanda Santacruz, M.S., is an Academic Support Coordinator for the College of Medicine, at Florida International University, Miami, Florida. Mrs. Santacruz is also a group counselor for KLAS: Kids Learning about Safety, a primary prevention program for diverse families. She holds a Master’s degree in Counselor Education with an emphasis on Mental Health Counseling, and she has published and assisted in the publication in the area of child abuse prevention. She has also assisted in the creation and facilitation of on-line courses in the area of psychology due to her interest in technology and online counseling.
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Aaron Sefi is a Counseling Researcher with particular interest in online counseling for young people and the development of outcome measures that include personalized goals and capture the wealth of the achievements of counseling. He has co-written peer reviewed papers for international journals, and sits on a steering group to further develop research methods in school counseling in the UK. He is Locality Manager in Cornwall, England, for kooth.com, a service that provides online and face-to-face counseling in the UK. He is currently studying for an MA, researching the impact of school-based counseling on young people’s well-being.

Adeola Shobola is a Lecturer in the Department of Educational Foundations and Counselling, Faculty of Education, Obafemi Awolowo University (OAU), Ile-Ife, Nigeria. She has her Master’s and Doctoral degrees in Guidance and Counselling and has taught in the university for more than six years. As a practicing counsellor, Dr. Shobola specializes in marital, relationship, and students’ academic related issues. She is a member of the Counselling Association of Nigeria (CASSON) and has written articles in the areas of family, marriage, education, and psychotherapy, published in both local and international journals. Presently, Dr Shobola is working on the resuscitation of some African indigenous counselling techniques to address some of the common challenges that people are often faced with.