About the Author

Eugene Kaluzniacky is an instructor in the Department of Applied Computer Science and Administrative Studies at the University of Winnipeg in Canada. He has a varied academic, professional and personal interest background that comprises mathematics, statistics, computer science, management science, accounting, information systems, personality psychology, wholistic health, spiritual development and education. He has taught at the undergraduate, graduate, and continuing education university levels and has delivered short courses for government and a community college. A member of the Association for Psychological Type, Eugene has carried out research and consulting on applying the Myers-Briggs Personality Type in IT organizations, on stress in the IT profession, and on IT education. He has also developed a workshop on “Personal Wellness for the IS Professional”—attendees have appreciated his genuineness and enthusiasm. As well, he was a co-creator of an “IT Wellness website,” currently at http://itwellness.ncf.ca/. Eugene has co-authored a book on Xbase Programming and has also carried out considerable editorial work. Currently, he is interested in stress management and personal growth in the IT field and has lectured internationally on this topic.

According to Eugene Kaluzniacky, now is the time for the IT professional to broaden his psychological awareness so as to make use of untapped inner energies for a more effective and fulfilling professional and personal life. Eugene is interested in cohesive subgroups within IS organizations that would like to take the ideas in this book “one step further.” For example, a group of developers along with its project manager may wish to spend several months systematically documenting the impact of Myers-Briggs awareness on specific IS development tasks. This could enable the eventual development of a full-scale Psychological Factors Methodology. Anyone interested can contact Eugene at e.kaluzniacky@uwinnipeg.ca