Chapter 20

Independent Living Support for Disabled and Elderly People using Cell Phones

Begoña García Zapirain
University of Deusto, Spain

Amaia Mendez Zorrilla
University of Deusto, Spain

ABSTRACT

This chapter presents a technological solution to promote and help independent access to work for disabled people using Smart Phones. A deep state of the art about smart phones technologies and about examples of other projects is presented. The aim is to develop a form of technical assistance that supports them in the control of schedules, prevention of dangerous areas in the work place, warnings, and automatic alarm generation. The device chosen to exchange all this information is a Smartphone based on Android Operating System and GPS technology. A set of Android applications have been developed using Java language, and controlling the device via Google-developed Java libraries. All of these are connected to the Server Application through the Communications Module. The server Application Module provides the assistants or psychologists the possibility of supervise all the handicapped people’s activities. The assistants, psychologists, and users have all evaluated the application very positively as it covers disabled people’s needs perfectly.

1. INTRODUCTION

The Information and Communication Technologies (ICT) have shown an extraordinary development in the last decades. Nevertheless, that improvement has been slow in certain areas, such us the integration of the people with special needs or disabilities into the society, workforce and leisure time.

The phones have become an almost indispensable tool in everyday life. The diversity of models/operating systems (Android, iOS, Sym-
Taking advantage of new technologies to facilitate and reduce the need to employ human support or care by family members appears to be beneficial for not only increasing the intimacy of a person with functional diversity, but also making it easier for the people who support or even live with these people to organize their lives.

We will provide a general outline of the project and a description of the real tests carried out in the piloting with intellectually disabled people. Also included is the evaluation made by the users themselves (both adolescents and adults), support staff from the Basque Country Down Syndrome Foundation and research workers/developers; all in all, a wholly interdisciplinary task in which all parties involved in the design and implementation process of a technological solution are represented.

The main objective of this chapter is to present all applications can be developed (and other initiatives already launched) using mobile phones and whose beneficiaries may be the elderly and disabled people.

The specific objectives are described in the following list:

- Evaluate different technological possibilities of each Mobile Operative Systems Platforms.
- Use Design for all recommendations in mobile phones application developments.
- Review national/international case studies and developments oriented to elderly and disabled people.
- Increase the knowledge of Mobile Applications by psychologists, assistants, teachers…

The most important social objectives set out in the section are:

- Promoting the independence of people with special needs or disabilities and their inclusion in as many spheres of community life as possible.